



September 1,
2023

Vol. 20

CENTRAL DAILY BULLETIN

Breakfast:
Egg & Cheese Breakfast Burrito
Cereal Choice (1)
Fruit Choice

MENU

*Menu items subject to change

Lunch:
Dragon Noodles Boneless Wings & Bistick
Pizza Choice Deli Wrap Salad
Sweet Potato Waffle Fries
Fresh Veggie Mix
Fresh Fruit

Monday - Wednesday - Friday

Lunch A		Lunch B		Lunch C	
7:30 - 8:17	Period 1	7:30 - 8:17	Period 1	7:30 - 8:17	Period 1
8:22 - 9:05	Period 2	8:22 - 9:05	Period 2	8:22 - 9:05	Period 2
9:10 - 9:53	Period 3	9:10 - 9:53	Period 3	9:10 - 9:53	Period 3
9:58 - 10:41	Enrichment	9:58 - 10:41	Enrichment	9:58 - 10:41	Enrichment
10:46 - 11:16	Lunch A	10:46 - 11:29	Period 4	10:46 - 11:29	Period 4
11:21 - 12:04	Period 4	11:34 - 12:04	Lunch B	11:34 - 12:17	Period 5
12:09 - 12:52	Period 5	12:09 - 12:52	Period 5	12:22 - 12:52	Lunch C
12:57 - 1:40	Period 6	12:57 - 1:40	Period 6	12:57 - 1:40	Period 6
1:45 - 2:30	Period 7	1:45 - 2:30	Period 7	1:45 - 2:30	Period 7

Tuesday - Thursday

Lunch A		Lunch B		Lunch C	
7:30 - 8:23	Period 1	7:30 - 8:23	Period 1	7:30 - 8:23	Period 1
8:28 - 9:18	Period 2	8:28 - 9:18	Period 2	8:28 - 9:18	Period 2
9:23 - 10:13	Period 3	9:23 - 10:13	Period 3	9:23 - 10:13	Period 3
10:18 - 10:48	Lunch A	10:18 - 11:08	Period 4	10:18 - 11:08	Period 4
10:53 - 11:43	Period 4	11:13 - 11:43	Lunch B	11:13 - 12:03	Period 5
11:48 - 12:38	Period 5	11:48 - 12:38	Period 5	12:08 - 12:38	Lunch C
12:43 - 1:33	Period 6	12:43 - 1:33	Period 6	12:43 - 1:33	Period 6
1:38 - 2:30	Period 7	1:38 - 2:30	Period 7	1:38 - 2:30	Period 7

DATES TO REMEMBER:

September 4— Labor Day - NO SCHOOL
September 15 - CHS Football Homecoming Game
October 9—13 — Fall Break - NO SCHOOL
October 13 - End of First Grading Period

CENTRAL CAFÉ:

Stop in the Media Center before class to get a cup of coffee. The (new) Central Cafe will be open from 7:10 to 7:30. Coffee will be \$1 (cash only).

Starting Monday August 21 you will have the option of taking your lunch in the Central Cafe.

-You must spend the entire lunch period in the cafe, no in and out.

-You will need to bring your own food.

-Coffee and Hot Chocolate will be available for \$1 (cash only)

-We can only handle 12 people in the Cafe. Once we have 12, we will close the doors.

-This is for those wanting a quiet lunchtime, no loud talking or horseplay.



CENTRAL HIGH SCHOOL MEDIA CENTER

FREE AFTER SCHOOL TUTORING

Teachers are available to assist with core subjects.

**EVERY TUESDAY & THURSDAY
2:30-3:30 PM, STARTING AUG. 14TH**

Take advantage of this opportunity to receive extra help with assignments.

2022-23 YEARBOOKS: Yearbooks for the 2022-2023 school year will be distributed during enrichment on Wednesday (8/30) and Friday (9/1). Students who do not receive their yearbook during enrichment on these two days will need to get their yearbook from Mr. Herdegen in room 163 before or after school. Herdegen

COUNSELORS' CORNER:

HIRING OPPORTUNITIES:

FROM THE ATHLETIC OFFICE:

Stay up-to-date on all sports and school related activities: <http://eventlink.com/>