

September 11 2023

Vol. 24

Breakfast: Turnover Pop Tart Option Cereal Choice (1) Fruit Choice



Lunch:

Pizza Choice Crispy Chicken Sandwich Cheesy Beef Burrito & Salsa Salad Entrée Buffalo Chicken Pizza Deli Wrap Potato Wedges Ranch Roasted Broccoli Applesauce Fresh Fruit

Tuesday - Thursday

*Menu items subject to change

Monday - Wednesday - Friday

Lunch A			Lunch B			Lunch C		
7:30 - 8:17	Period 1		7:30 - 8:17	Period 1		7:30 - 8:17	Period 1	
8:22 -9:05	Period 2		8:22 -9:05	Period 2		8:22 -9:05	Period 2	
9:10 - 9:53	Period 3		9:10 - 9:53	Period 3		9:10 - 9:53	Period 3	
9:58 - 10:41	Enrichment		9:58 - 10:41	Enrichment		9:58 - 10:41	Enrichment	
10:46 - 11:16	Lunch A		10:46 - 11:29	Period 4		10:46 - 11:29	Period 4	
11:21 - 12:04	Period 4		11:34 - 12:04	Lunch B		11:34 - 12:17	Period 5	
12:09 - 12:52	Period 5		12:09 - 12:52	Period 5		12:22 - 12:52	Lunch C	
12:57 - 1:40	Period 6		12:57 - 1:40	Period 6		12:57 - 1:40	Period 6	
1:45 - 2:30	Period 7	1	1:45 - 2:30	Period 7		1:45 - 2:30	Period 7	

Lunc	ch A	Lune	ch B	Lunch C		
7:30 - 8:23	Period 1	7:30 - 8:23	Period 1	7:30 - 8:23	Period 1	
8:28 - 9:18	Period 2	8:28 - 9:18	Period 2	8:28 - 9:18	Period 2	
9:23 - 10:13	Period 3	9:23 - 10:13	Period 3	9:23 - 10:13	Period 3	
10:18 - 10:48	Lunch A	10:18 - 11:08	Period 4	10:18 - 11:08	Period 4	
10:53 - 11:43	Period 4	11:13- 11:43	Lunch B	11:13 - 12:03	Period 5	
11:48 - 12:38	Period 5	11:48 - 12:38	Period 5	12:08 - 12:38	Lunch C	
12:43 - 1:33	Period 6	12:43 - 1:33	Period 6	12:43 - 1:33	Period 6	
1:38 - 2:30	Period 7	1:38 - 2:30	Period 7	1:38 - 2:30	Period 7	

DATES TO REMEMBER:

September 15 - CHS Football Homecoming Game October 9—13 — Fall Break - NO SCHOOL October 13 - End of First Grading Period



CENTRAL HIGH SCHOOL MEDIA CENTER

FREE AFTER SCHOOL TUTORING

Teachers are available to assist with core subjects

EVERY TUESDAY & THURSDAY 2:30-3:30 PM, STARTING AUG. 14TH

Take advantage of this opportunity to receive extra help with assignments.



HOMECOMING SPIRIT WEEK

MONDAY- Sweatpants Day

TUESDAY – Neon Day (Dress Code Pants)

WEDNESDAY- Color Wars

(Freshman-Green, Sophomores-Purple, Juniors—Pink, Seniors—Blue)

THURSDAY-Opposite Day (Students dress like teachers/Teachers dress like students)

FRIDAY-Extreme Brown & Gold

<u>SPANISH CLUB:</u> Estudiantes! It's time for El Club de Español (Spanish Club)! Please join us on Wednesday, September 13th from 2:45-3:30 in room 121, Mrs. Stoneberger's room. We will be discussing club t-shirts, and also some exciting new activities planned for El Día de los Muertos. Snacks will be provided. Please sign up with any of the Spanish teachers. You must have your own transportation home. It will be muy divertido! Stoneberger

COUNSELORS' CORNER:



HIRING OPPORTUNITIES:

FROM THE ATHLETIC OFFICE:

BOYS' BASKETBALL: For those interested in boys basketball this year, limited contact workouts are Monday through Thursdays from 3-4:30pm. Please meet in the boys basketball locker room after school. Coach Walker