

September 15, 2023

Vol. 28

Breakfast: Egg & Cheese Breakfast Burrito Cereal Choice (1) **Fruit Choice**



Lunch:

Pizza Choice Cheesy Beef Taco w/Tortilla Chips Stuffed Buffalo Chicken Sandwich Refried Beans Salad

Fresh Fruit

*Menu items subject to change

Monday - Wednesday - Friday

Lunc	:h A	Lune	ch B		Lunch C				
7:30 - 8:17	Period 1	7:30 - 8:17	Period 1	7	:30 - 8:17	Period 1			
8:22 -9:05	Period 2	8:22 -9:05	Period 2	8	:22 -9:05	Period 2			
9:10 - 9:53	Period 3	9:10 - 9:53	Period 3	9	:10 - 9:53	Period 3			
9:58 - 10:41	Enrichment	9:58 - 10:41	Enrichment	9	:58 - 10:41	Enrichmer			
10:46 - 11:16	Lunch A	10:46 - 11:29	Period 4	10	0:46 - 11:29	Period 4			
11:21 - 12:04	Period 4	11:34 - 12:04	Lunch B	1	1:34 - 12:17	Period 5			
12:09 - 12:52	Period 5	12:09 - 12:52	Period 5	1:	2:22 - 12:52	Lunch C			
12:57 - 1:40	Period 6	12:57 - 1:40	Period 6	1:	2:57 - 1:40	Period 6			
1:45 - 2:30	Period 7	1:45 - 2:30	Period 7	1:	45 - 2:30	Period 7			

Tuesday -Thursday Lunch A Lunch B Lunch C 7:30 - 8:23 | Period 1 8:28 - 9:18 Period 2 8:28 - 9:18 Period 2 9:23 - 10:13 Period 3 Period 3

7:30 - 8:23 | Period 1 7:30 - 8:23 | Period 1 8:28 - 9:18 Period 2 9:23 - 10:13 9:23 - 10:13 Period 3 10:18 - 10:48 Lunch A 10:18 - 11:08 10:18 - 11:08 10:53 - 11:43 Period 4 11:13- 11:43 Lunch B 11:13 - 12:03 Period 5 11:48 - 12:38 Period 5 11:48 - 12:38 Period 5 12:08 - 12:38 Lunch C 12:43 - 1:33 Period 6 12:43 - 1:33 | Period 6 12:43 - 1:33 Period 6 1:38 - 2:30 Period 7 1:38 - 2:30 Period 7 1:38 - 2:30 Period 7

DATES TO REMEMBER:

September 15 - CHS Football Homecoming Game October 9-13 - Fall Break - NO SCHOOL October 13 - End of First Grading Period







FRIDAY-Extreme Brown & Gold

2024 YEARBOOKS: Yearbooks for the 2024 school year are now on sale. Orders who purchase personalization before 9/22 can receive four custom icons for free. Please order online at jostens.yearbooks.com or return a paper order form to Mr. Herdegen in Room 163. See below for order form.

SENIOR T-SHIRTS: The Class of 24 is selling senior shirts for the class of 2024. We are selling short sleeve and long sleeve shirts, crewnecks, and sweatshirts! The order form is a google form and the link is below. Please give cash/check in an ENVELOPE with YOUR NAME to Payton Hammett or Mr. Walker. Checks can be made out to Central High School. Orders are due by next Wednesday, September 20th by 3 pm. Senior Shirt Order Form

TEENPOWER: All Bear football fans are invited to visit the TEENPOWER Tailgate in the parking lot and purchase a Donut Burger before the game on Friday, Sept 15. We'll be selling donut burgers and drinks from 5:00 until 7:00pm. J.Walker

COUNSELORS' CORNER:





FROM THE ATHLETIC OFFICE:

BOYS' BASKETBALL: For those interested in boys basketball this year, limited contact workouts are Monday through Thursdays from 3-4:30pm. Please meet in the boys basketball locker room after school. Coach Walker

Central High School

YEARBOOK ORDER FORM

ORDER BY: 09/22/2023

To purchase online, go to jostensyearbooks.com.

Please return all orders to Mr. Herdegen in Room 163.

Seniors: If you are interested in having your yearbook shipped to you over the summer, please include funds for the "Ship-To-Home" option. Otherwise, you will need to pick up your yearbooks at our Yearbook Distribution Day (date tbd; Fall 2024).

STEP 1: SELECT YOUR PACKAGE

YEARBOOK \$55.00 SIGNATURE PACKAGE \$73.00

Includes Yearbook, 1 Line of Personalization, Color Autograph Section and 5 Multicolor Signing Markers

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STEP 2: PERSONALIZE YOUR YEARBOOK FOR \$7.50

□ NAME	Ш														
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** STEP 3: ADD ICONS* FOR \$0.00 EACH

*IMPORTANT: To add icons, you must first purchase personalization in Step 2.

Enter the 4-digit icon code from the chart below into the baxes provided.

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Icon 1

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If you have questions, please call Customer Service at 1-877-767-5217.

STEP 4: ENTER YOUR INFORMATION AND TOTAL YOUR ORDER

Student Name: _	
Grade:	
Contact Phone:	
Contact Empil:	

	Price	Quantity	Total
EnterYour Package Price			
Personalization	\$7.50		
Icon(s) ea.	\$0.00 x QTY		
Autograph Section	\$5.00		
Clear Protective Cover	\$5.00		
Photo Pockets	\$5.00		
Donate a Yearbook	\$55.00		
Ship to Home	\$10.00		
Subtotal			
TOTAL			

YAY! THANKS FOR ORDERING!