

Breakfast: Breakfast Bread Slice (1) Cereal Choice (1) **Fruit Choice**



*Menu items subject to change

Enrichment

Lunch: **Pizza** Choice Chicken Drumstick w/Biscuit Deli Wrap Salad Entree Mashed Potatoes & Gravy Corn

Mixed Fruit Medley Apple Slices Fresh Fruit

2023

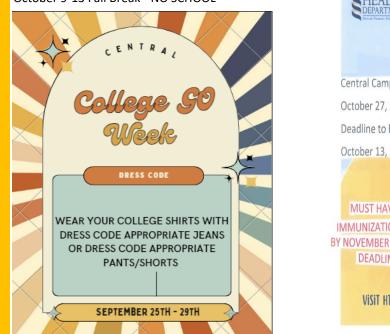
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Monday - Wednesday - Friday											
Lunch A			Lund	ch B	Lunch C						
7:30 - 8:17	Period 1		7:30 - 8:17	Period 1		7:30 - 8:17	Period 1				
8:22 -9:05	Period 2		8:22 -9:05	Period 2		8:22 -9:05	Period 2				
9:10 - 9:53	Period 3		9:10 - 9:53	Period 3		9:10 - 9:53	Period 3				
9:58 - 10:41	Enrichment		9:58 - 10:41	Enrichment		9:58 - 10:41	Enrichmen				
10:46 - 11:16	Lunch A		10:46 - 11:29	Period 4		10:46 - 11:29	Period 4				
11:21 - 12:04	Period 4		11:34 - 12:04	Lunch B		11:34 - 12:17	Period 5				
12:09 - 12:52	Period 5		12:09 - 12:52	Period 5		12:22 - 12:52	Lunch C				
12:57 - 1:40	Period 6		12:57 - 1:40	Period 6		12:57 - 1:40	Period 6				
1:45 - 2:30	Period 7		1:45 - 2:30	Period 7		1:45 - 2:30	Period 7				

Tuesday - Thursday									
Lung	ch A	Lun	ch B	Lunch C					
7:30 - 8:23	Period 1	7:30 - 8:23	Period 1	7:30 - 8:23	Period 1				
8:28 - 9:18	Period 2	8:28 - 9:18	Period 2	8:28 - 9:18	Period 2				
9:23 - 10:13	Period 3	9:23 - 10:13	Period 3	9:23 - 10:13	Period 3				
10:18 - 10:48	Lunch A	10:18 - 11:08	Period 4	10:18 - 11:08	Period 4				
10:53 - 11:43	Period 4	11:13- 11:43	Lunch B	11:13 - 12:03	Period 5				
11:48 - 12:38	Period 5	11:48 - 12:38	Period 5	12:08 - 12:38	Lunch C				
12:43 - 1:33	Period 6	12:43 - 1:33	Period 6	12:43 - 1:33	Period 6				
1:38 - 2:30	Period 7	1:38 - 2:30	Period 7	1:38 - 2:30	Period 7				

DATES TO REMEMBER:

October 6 - End of First Grading Period October 9-13 Fall Break - NO SCHOOL





CHESS CLUB: The CHS Chess Cluib will be meeting beginning September 29th at 2:30 pm in room 101. The club will continue to meet every Monday and Friday from 2:30-4 pm. Students will need a ride home at 4:00 pm.

ART CLUB: The next art club meeting is Thurs. 9-28 from 2:35-3:15 in room 217. Bring your T-shirt designs. If you have any questions, see Ms. Rogal or Mrs. Werner-Purkey.

INTRAMURALS: Intramurals will be starting soon. Anyone (students and staff) can participate in the intramural program. Every month we will be having a different sport. This month it will be cornhole and spikeball on Saturday 9/30, starting at 9:00 AM. Find a friend to compete in either cornhole, spikeball, or both. If you can't find a teammate we will find you one on Saturday. Email either Mr. Geiser or Mr. Alexander by Thursday 9/28 with your intent to participate. Include your teammates name and what you would like to compete in. The event will take place on the football practice field north of the gym. We suggest bringing your own water/drinks and snacks. C.Geiser

COUNSELORS' CORNER:



HIRING OPPORTUNITIES:

FROM THE ATHLETIC OFFICE:

<u>GIRLS' LACROSSE</u>: The girl's lacrosse team will be having a signup meeting on Thursday Sept. 28th at 7pm in the Central commons.

WRESTLING: There will be a callout meeting for Wrestling on Friday, 9/29, during Enrichment in the main gym.

Central High School									Please return all orders to Mr. Herdegen in Room 163.							
YEARBOOK ORDER FORM									Seniors: If you are interested in having your yearbook shipped to you over the summer, please include funds for the "Ship-To- Home" option. Otherwise, you will need to pick up your yearbooks at our Yearbook Distribution Day (date tbd; Fall 2024).							
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YAY! THANKS FOR ORDERING!